

Students Name: _____

Grade: _____

Teacher: _____


Phone Number: _____

Parents Name: _____

_____ 12 mo. – PK Grade(\$5)
 _____ K - 3rd Grade(\$5.50)
 _____ 4th – 8 th Grade(\$6.00)

Total Meals Ordered: _____

Total Meal Cost: \$ _____



Peggy Ramon-Rosales, MS, RD, LD
 NUTRITION CONSULTING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Lean Cheeseburgers Tater Tots Vegetables Fruit and Milk	3 BBQ Chicken Drumstick WW Mac and Cheese Vegetables Fruit and Milk	4 Oven Baked Chicken Fingers Baked Fries Vegetables Fruit and Milk	5 Chicken Guisado Spanish Rice Vegetables Fruit and Milk	6 Pepperoni Pizza Vegetables Fruit and Milk Ranch
9 WW Spaghetti with Turkey Mariana Sauce Vegetables Fruit and Milk	10 Chicken Fideo Pinto Beans Veggies Fruit and Milk	11 Chicken Nuggets Mac and Cheese Vegetables Fruit and Milk	12 Mexican Enchilada Casserole Vegetables Fruit and Milk	13 Pepperoni Pizza Vegetables Fruit and Milk Ranch
16 NO SCHOOL!	17 	18 NO SCHOOL!	19 NO SCHOOL!	20 NO SCHOOL!
23 Mexican Enchilada Casserole Vegetables Fruit and Milk	24 Chicken Guisado Spanish Rice Vegetables Fruit and Milk	25 Lean Cheeseburgers Tater Tots Vegetables Fruit and Milk	26 Oven Baked Chicken Fingers Baked Fries Vegetables	27 Pepperoni Pizza Vegetables Fruit and Milk Ranch
30 BBQ Chicken Drumstick WW Mac and Cheese Vegetables Fruit and Milk	31 Chicken Nuggets Mac and Cheese Vegetables Fruit and Milk			



