



I'm on your team...  
**RUBY RED  
BEAM**

# FEBRUARY

2019

**GOOD  
EATS AT**

**M** **T** **W** **TH** **F**

**ART CONTEST BEGINS**

**"You ART What You Eat"**  
Art Contest  
**STARTS FEBRUARY 4<sup>TH</sup>**  
[squaremeals.org/artcontest](http://squaremeals.org/artcontest)

**SPECIAL  
ANNOUNCEMENTS**

Picadillo con papas,  
corn & salad &  
peaches  
**4**

Cheese Enchiladas  
Rice, Beans &  
cookie  
**5**

Cheeseburger,  
French fries,  
carrots & pear  
**6**

Spaghetti w/meat  
sauce, green  
beans, Salad &  
pudding  
**7**

Chicken fingers,  
mashed potatoes,  
corn & banana  
**8**

Meatball Hoagie,  
chips, celery sticks &  
mixed fruit  
**11**

Quesadillas con  
pollo, beans &  
cheese w green  
beans & rice  
pudding  
**12**

Hot dogs, Mac &  
cheese, corn &  
orange slices  
**13**

Baked BBQ  
chicken legs,  
Mashed potatoes,  
mixed veggies &  
peaches  
**14**

Lasagna,  
salad,  
bread & cookie  
**15**

**NO SCHOOL  
Presidents  
Day**  
**18**

Corn Dog, Carrots  
sticks, chips & Fruit  
Rollup  
**19**

Chicken with Rice  
Casserole, mixed  
veggies & chewy  
granola bar  
**20**

Fish sticks, mashed  
potatoes, corn & sliced  
peaches  
**21**

Pizza, tossed salad,  
corn & banana  
**22**

Bowtie pasta  
w/chicken in  
alfredo sauce,  
carrots &  
applesauce  
**25**

Bean, Cheese &  
chicken Burrito,  
Rice, Salad &  
fruit rollup  
**26**

Chicken strips,  
mashed potato, Corn,  
& peaches  
**27**

Flautas, French fries,  
Green beans &  
pudding  
**28**



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



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